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Arroyo Izaga, Marta; Ansotegui Alday, Laura; Rocandio Pablo, Ana M^a (UPV/EHU. Fac. de Farmacia. Dpto. de Nutrición y Bromatología. P^o de la Universidad, 7. 01006 Vitoria – Gasteiz): **Imagen y composición corporal en hombres jóvenes** (Image and body composition in young men) (Orig. es)

In: *Osasunaz*. 9, 11-23

Abstract: The objective of this study was to analyse the perception of corporal image and compare the results with real measurements in a group of men from university circles. The results showed that they wished to have a more muscular as body than that they do have and than that they believe they have. Besides, they believe that women prefer men with muscular bodies.

Key Words: Young men. Corporal image. Corporal composition. Anthropometrics.

Arroyo Izaga, Marta; Ansotegui Alday, Laura; Martínez de la Pera, Concha; García Bediaga, Naiara; Rocandio Pablo, Ana M^a (UPV/EHU. Fac. de Farmacia. Dpto. de Nutrición y Bromatología. P^o de la Universidad, 7. 01006 Vitoria – Gasteiz): **Elikagaien anoen estimazioa hobetzeko programa: diseinu eta aplikazioa** (Program to improve the portion-size: design and application) (Orig. eu)

In: *Osasunaz*. 9, 25-33

Abstract: The aim of this research is to evaluate the design of a programme to improve the calculation of food provisions and the advantages of their application. The results state, on the one hand, that the implementation of the programme has been a success and, on the other, that the principles can be established for the development of new training programmes for the collection of data.

Key Words: Calculation of provisions. Food groups. Training programme.

Huitzi Egilegor, Joseba X.; Elorza Puyadena, M^a Isabel (UPV/EHU. Donostiako Erizaintza Eskola. J. Beguiristain Doktoarearen Pasealekua, 105. 20080 Donostia); **Urquía Echave, José M^a** (UPV/EHU. Medikuntza Fak. Sarriena, z/g. 48940 Leioa): **Erizaintza-prozesua: Gipuzkoako herrialdean izaniko erabileraren bilakaera** (Evolution of nursing process application in Gipuzkoa) (Orig. eu)

In: *Osasunaz*. 9, 35-48

Abstract: The origin of the nursing process can be situated in the 1950s and 1960s in the United States of America and Canada. This work aims to analyse the extent of the influence of the nursing process in Guipúzcoa. Results reveal that the nursing process in Guipúzcoa started to be taught during the course 1978-1979 in the Nursing School of San Sebastián and since then has been taught every year. On the other hand, the nursing process started to be applied in a more specialised form in the public health system in 1990.

Key Words: Nursing process. Nursing method. Nursing diagnosis. Nursing practice.

Nogales, M^a Ángeles; Urquiza, Raquel; San Vicente, Julia; Bejarano, Azucena; Calvo, Rosario; Echeguren, Miguel (Hospital de Txagorritxu. Unidad de Hemodiálisis. Servicio de Nefrología. José Achótegui, s/n. 01009 Vitoria – Gasteiz): **Medición de la eficacia en la hemodiafiltración on-line** (On-line hemodiafiltration effectiveness measurement) (Orig. es)

In: *Osasunaz*. 9, 49-53

Abstract: The objective of this study is to estimate the fall in dialysator clarification during dialysis as measured by OCM and to analyse possible factors that may have an influence therein. We analysed the patients in our unit who were undergoing on-line hemodiafiltration treatment during one month. We concluded that on-line hemodiafiltration allows for good clarification throughout the session and that the OCM module allows for easy dialysator monitoring throughout the session.

Key Words: OCM. ON-LINE Hemodiafiltration. Clarification. Dialysator. Readings.

Ocharan Corcuera, Julen; Jimeno Martín, Isabel; Minguela Pesquera, Iñaki; Chena, Alejandro; Ruiz de Gauna, Ramón (Txagorritxu Ospitalea. Nefrología – Hipertensio Zerbitzua. José Achótegui, z/g. 01009 Vitoria – Gasteiz): **Zain-barneko burdina giltzurruneko gaixotasun kronikoan** (Intravenous iron therapy in chronic kidney disease) (Orig. eu)

In: *Osasunaz*. 9, 55-63

Abstract: Iron saccharose is an efficient and well tolerated therapeutic alternative in the treatment and prevention of anaemia caused by iron deficiency, both by itself or combined with therapies of stimulating agents of erythropoiesis (ESA), for example, with rHvEPO. Intravenous administration of iron saccharose is more efficient and rapid than the oral administration of iron in treating anaemia. With regard to public health, iron saccharose makes it possible to reduce the quantity of post-operative blood transfusion and helps increase the level of haemoglobin. In terms of health economics, iron saccharose accelerates clinical recovery and reduces the time in hospital for the patient.

Key Words: Intravenous. Iron. In haemodialysis. In peritoneal dialysis.

López de Munain Arregui, Adolfo; Ruiz Martínez, Javier; Martí Massó, José F. (Donostia Ospitalea. Neurologia Zerbitzua. Begiristain Doktoarearen Pasealekua, z/g. 20014 Donostia); **Alzualde Zuloaga, Ainhoa; Gorostidi Pagola, Ana; Otaegui Bichot, David** (Donostia Ospitalea. Unitate Experimental. Begiristain Doktoarearen Pasealekua, z/g. 20014 Donostia): **Mutazioak progranulina genean: eragiten duten klinika, patologia eta RNA mailako adierazpena** (Progranulin gene mutations: manifestations of clinical, pathological and RNA level) (Orig. eu)

In: *Osasunaz.* 9, 67-85

Abstract: The degeneration of the frontotemporal lobe (FTLD) is a complex group of illnesses which are classified within those of dementia. In this work we present the clinical analysis, molecular and pathologic, of a series of patients who suffer from FLD. Among the 72 patients we found 4 different mutations and 14 mutated patients. In addition we have measured the level of representation of the PGRN gene which is found in the blood cells and we have demonstrated that it can be used as a biological indicator of the illness.

Key Words: FTLD. PGRN gene. Mutations. Level of expression. Biological indicator.

Aguilera, Eva (Amnistía Internacional-Sección Española. Fernando VI, 8 – 1º Izda. 28004 Madrid): **Salud: un derecho de obligado cumplimiento. La responsabilidad de los y las profesionales médicos y sanitarios** (Health: A compulsory fulfillment right. The medical and sanitary profession responsibility) (Orig. es)

In: *Osasunaz.* 9, 95-111

Abstract: Amnesty International is a worldwide movement formed by people with the objective of effectively having human rights respected throughout the world. Among such rights is the right to health, which has been recognised by various international human rights instruments. In litigation of public interest before various national and regional level courts, the right to health has been recognised as a right that can be demanded traditionally both directly and by means of an ample interpretation of other rights such as the right to life.

Key Words: Human rights. Justiceability. Universal Declaration. Sexual and reproductive rights. VIH/sida. Maternal mortality.

Extremiana Egia, María (Barria, 4 – 2º izda. 48620 Plentzia): **Acceso a la salud en el Hemisferio Sur** (Access to Health in the Southern Hemisphere) (Orig. es)

In: *Osasunaz.* 9, 113-136

Abstract: Historical revision of human rights, principles of humanitarian action and humanitarian law interrelating States (big states versus the United Nations) and Nongovernmental Organisations (Civil Society). Access to the population's health in the southern hemisphere is analysed in its geographical, economic, and cultural aspects with firsthand examples of rights that are not respected in my experience as a healthcare professional.

Key Words: Access to health services. Geographic access. Cultural access. Economic access. Humanitarian law. Violated rights.

Etxeberria Gabilondo, Francisco (UPV/EHU. Fac. de Medicina. Medicina Legal y Forense. Apdo. 1599. 20011 Donostia - San Sebastián): **Exhumando fosas, recuperando dignidades** (Exhuming Mass Graves, Recovering Dignity) (Orig. es)

In: *Osasunaz*. 9, 137-158

Abstract: Three of the basic pillars of any public human rights policy are truth, justice and reparation. The Aranzadi Science Society (Sociedad de Ciencias Aranzadi) has brought its technical expertise to bear to help offer a better understanding of the truth.

Key Words: Historical memory. Franco dictatorship. Anthropology. Archaeology. Memory.